

Sowerby Primary Academy Newsletter No. 26



Anyone interested in registering their child for a nursery place please contact Mrs. Clark Tel: 01845 523037. Or email: admin@sowerbyacademy.org

‘Sowing seeds of success: growing courageous learners’

Tel: 01845 523037 www.sowerbyacademy.org Date: 10th April, 2024

Newsletter 26

Dear Parents, Carers,

Welcome back to all the children for the Summer Term. Lots planned this term from FOSS and classes for events and educational visits. More details will follow for Colour Run, Race for Change discos and Summer Fayre.

Y6 SATs weeks reminder is 13th May and Y4 Multiplication Check 3rd June. No absence or Holidays would be authorised at these times.

Have a super week everyone.

Keeley Ungerechts

Exec Headteacher

Saplings Nursery

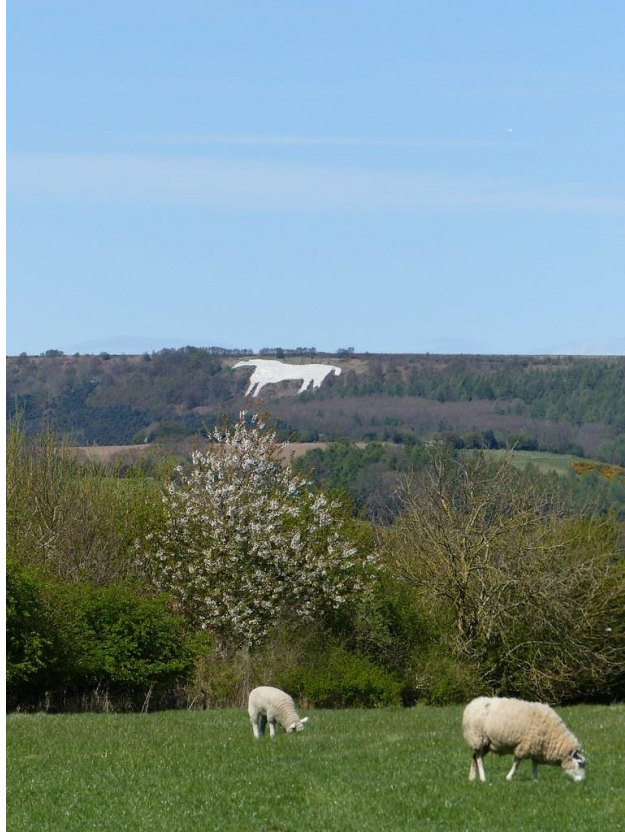


Parents Evenings

Parents evenings will commence on the week beginning 15th April, 2024. Links will be sent out shortly to arrange your meeting.

Celebrating Art Day - Tuesday 16th April

We shall be celebrating World Art Day on the 16th April, 2024 with our focus on our local landmark, The White Horse at Kilburn.



Year 3 and Year 4 Ryedale Folk Museum

Our children are looking forward to their trip to the Ryedale Folk Museum at Hutton Le Hole on the 18th April, 2024. We are keeping our fingers crossed for good weather and look forward to seeing photos and hearing all about it.



Height and Weight Checks

Date for your diary. Reception and Y6 height and weight checks will take place on 25th April at 9.15am. A letter has been sent home with your child. If you do not wish your child to participate in these checks, please use the contact information below to contact the team. Thank you.

If parents have any questions, please ask them to contact the NCMP team at HDFT 0 – 19 Children's Services Single point of Contact: 0300 3030916 or email: nationalchild.measurementprogramme@nhs.net

FOSS News

Welcome back, we hope you've had a lovely break over Easter. FOSS have been working hard to organise your next event, The FOSS Change Race!

Starting on April 15th you and your friends will race against each other to collect loose change and pop it in the jar in your classroom. The race will run for 4 weeks, until May 10th.

The class who collects the most change over the 4 weeks will win a prize.

Ready, set, GOOOO!



Nut Free School

Due to allergies, we are a nut-free school. Please be aware of this when sending food into school for snacks and packed lunches. Thank you for your co-operation.



Health and Wellbeing

This term our PSHE focus is health and well being. We would like to kick this off with a reminder about healthy snacks and packed lunches. A bag of apples for the week also tends to be a cheaper option than some of the more unhealthy snacks. Please also observe our **nut-free school policy**.

Follow the link for further information. <https://www.nhs.uk/healthier-families/food-facts/healthier-snacks/>



Tempest Photography



Tempest photography will be in school on Thursday 2nd May, 2024 for children to have class photographs taken.

Children will need to wear full school uniform on this day.

Parent Pay

Please can we politely remind parents to keep their Parent Pay account in a positive balance to pay for school meals, breakfast club, Before and After School Club services etc. We regularly send text messages as a reminder. Please do not ignore these. **All negative balances must be cleared by the end of each month.** Thank you.

Art Club with Mr. Cawood Year 5/6



Starting after the Easter Holiday, Mr. Cawood will be running an After School Art Club on a Thursday from 3.30 to 4.30pm. The Club will be available to Y5/6 children and over 6 weeks they will be building up a multi layered portrait of their favourite celebrity. There will be a gallery on the last evening to showcase their amazing work to parents.

Places are limited, please get a letter from your teacher/office and return the slip as soon as possible.

We are grateful to Mr. Cawood for giving the children this opportunity. Mr. Cawood is a talented artist and we look forward to viewing the children's artwork. Thank you Mr. Cawood.

Parent's Guide to Cyberbullying

A Parent's Guide to Cyberbullying



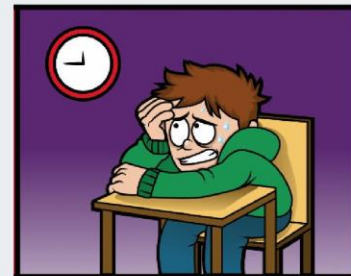
scan the QR code with your phone's camera for Parent Guides on how to help keep your children safe online

Many young people who are victims of cyberbullying suffer in silence.

They feel they can't turn to parents or a trusted adult for support as they fear they may get in trouble or have their devices taken away from them. It can carry on all day, all evening and all weekend for the world to see, causing a lot of emotional stress to the victim and their family.



It can very quickly lead to the victim feeling trapped, scared and vulnerable to grooming and blackmail.



Online safety is when young people know who they can tell if they feel upset by something that has happened online.

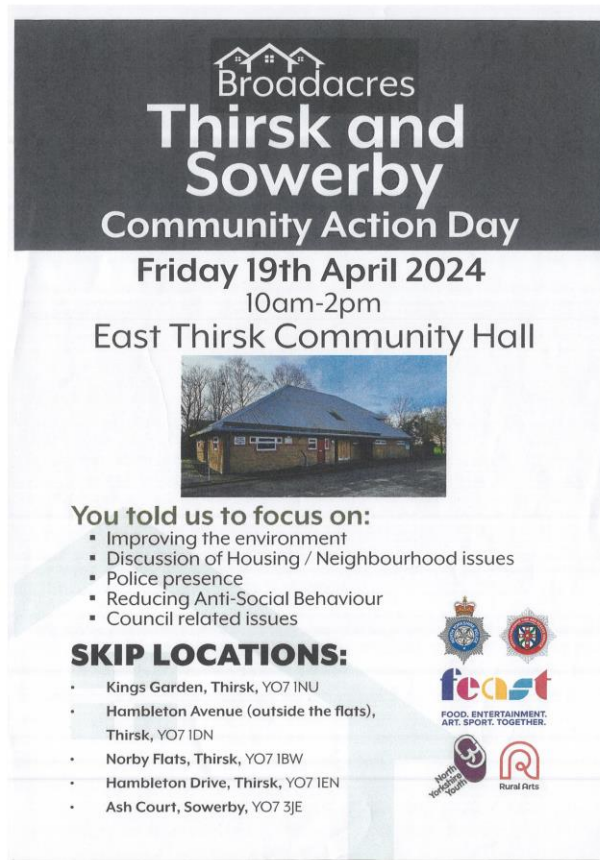
Parents please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Skips Educational Email: info@skipssed.com Tel: +44 121 227 1941

Developed in partnership with





Sickness

There seems to be a nasty tummy bug about at the moment. We are encouraging pupils to wash hands and be careful.

Our policy is that children who have a virus which means that they are sick or have diarrhea, or both, need to stay away from school until **48 hours have passed** after the last bout of sickness or diarrhea. This helps prevent the spread of infection in the school. Thank you.

School Uniform/Lost Property

Uniform

We believe a uniform allows all children, regardless of background, to feel equal to their peers and confident in their appearance. We also believe it is important for activities to be facilitated by specialised and appropriate clothing such as sports-specific attire.

Can I take this opportunity at the start of term to remind parents of the expectations for uniform.

Blue School jumpers or cardigans

White/Blue polo shirts

Grey trousers, shorts, skirts, pinafore dress or summer 'gingham' dress.

Sensible black school shoes

Grey, white or black socks, or grey tights

PE kit:

PE kits should be worn on PE days. No football tops and those with logos, expensive trainers etc. You will be directed by your child's class teacher if they require an indoor or outdoor P.E kit, or both.

Indoor Kit:

Black shorts and a plain white T-shirt & pumps or trainers.

Outdoor Kit

Black shorts, school sport hoodie, tracksuit bottoms or leggings, plain white t-shirt, trainers (that are suitable for outdoors), hat/cap if necessary.

Jewellery and make up

Children should not wear jewellery to school. If your child has pierced ears, 'studs' must be worn on school days and these must be removed for PE and swimming.

Nail varnish/ acrylic nails / make up are not allowed.

Lost Property

There is a significant amount of lost property in the box in the hall. Please come and check this/ask to check this at the end of the school day in KS1 playground. Please name ALL uniform so it can be returned.

Dragonflies

Please can we ask that you inform Dragonflies if your child is not attending a pre-booked session, i.e if they are going home with a friend etc. This can be done by contacting Miss Richardson on dragonfly@sowerbyacademy.org .

Turn on the Subtitles



Did you know that turning on the subtitles on your TV at home is the easiest way to get your child reading?

Doing this can double the chance of your child becoming a good reader. Yes, it's really that simple.

Please visit <https://turnonthesubtitles.org/parents/> to see Hollywood legend Jack Black explain how you can turn screen time into reading time in 10 seconds.

If you found this helpful, please share it with as many other parents as possible.






Sensory Garden



May we request any unwanted/grown out of wellies for use in our sensory garden. Any unwanted packets of vegetable seeds and sunflower seeds would also be gratefully received. Thank you.








Next week's menu choice will be Week 1.

Menu week 1

WEEK 1	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Margherita pizza with baked potato wedges	Chicken korma with 50/50 rice	Ham & chesse panini (DF available)	Bolognese with rice	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	 Tomato & basil pasta	Veggie korma with 50/50 rice	Cheese panini	Creamy Quorn chicken bake	 Vegan sausage & chunky chips
ACCOMPANIMENTS	 Peas & sweetcorn	Peas & carrots	 Seasonal salad	Broccoli & sweetcorn	Baked beans
DESSERTS	Fruit flapjack	Jam & coconut sponge	White chocolate cookie	Berry sponge	Ice cream
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket with tuna and sweetcorn. Ham sandwich	Jacket potato with cheese. Tuna and sweetcorn sandwich	Jacket with beans. Egg sandwich	Jacket with cheese. Ham sandwich	Jacket with cheese. Cheese sandwich



Menu week 2

WEEK 2	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Beef burger with baked potato wedges	Chicken dinner with a yorkshire pudding and creamy mash potato	Meatballs in tomato sauce served with wholemeal pasta	All day breakfast	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	 Quorn™ burger with chips	Quorn chicken dinner with yorkshire pudding and creamy mash	 Quorn™ in a Spanish style tomato sauce with rice	Vegetarian all day breakfast	Cheese and onion quiche
ACCOMPANIMENTS	 Baked beans	Peas & carrots Salad bar	 Seasonal salad	Sweetcorn & broccoli Salad bar	Peas & sweetcorn
DESSERTS	 Ginger biscuit	Oaty biscuit	 Chocolate brownie	Lemon drizzle	Ice cream
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket with tuna & sweetcorn. Ham sandwich.	Jacket with beans. Tuna & sweetcorn sandwich.	Jacket with cheese. Ham sandwich.	Jacket with beans. Cheese sandwich.	Jacket with cheese. Ham sandwich.



Menu week 3

WEEK 3	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Hot dog served in a bun with chips	Mild Chicken curry with rice	Chicken goujons with half a jacket potato	Sausage and tomato pasta	Crispy battered fish & chunky chips
VEGETARIAN MAIN DISH	Veggie sausage hotdog with baked wedges	Quorn chicken in a savoury rice	Quorn sausage roll with half a jacket potato	Cheesy wheel with rice	 Quorn™ nuggets with chunky chips
ACCOMPANIMENTS 	Baked beans	Pea & carrots	Salad	Sweetcorn and broccoli	Veggie sticks
DESSERTS	Shortbread	Gingerbread person	Custard cream cookie	Chocolate crunch	Ice lolly
FRESH FRUIT OR YOGHURT	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
JACKET POTATO AND SANDWICH SELECTION	Jacket potato with tuna & sweetcorn. Ham sandwich	Jacket with baked beans. Tuna & sweetcorn sandwich	Jacket potato with cheese. Egg sandwich	Jacket with beans. Cheese sandwich	Jacket with cheese. Ham sandwich



Dates for your diary

Friday 12th April, 2024 - Reports sent out to parents.

Parents Evenings - week commencing 15th April, 2024

Tempest photography will be in school on Thursday 2nd May, 2024

May Day holiday - **Monday 6th May, 2024**

Teeth Team in school for children who have subscribed on Thursday 18th April, 2024.



**HOCKEY
HEROES**

**A HERO
IN EVERY KID**

A FUN WELCOMING PROGRAMME FOR ALL CHILDREN AGED 5 - 8

Hockey Heroes is an 8 week fun programme for 5 to 8 year olds. It develops physical skills as well character 'superpowers' through working in teams, and trying new challenges.

For only £40, your child gets 8 hockey sessions, 2 sticks and a ball, plus a personalised t-shirt.

Book your place now and get your kit at hockeyheroes.co.uk. Just enter your postcode to find Thirsk Hockey Club sessions.

The sessions are:

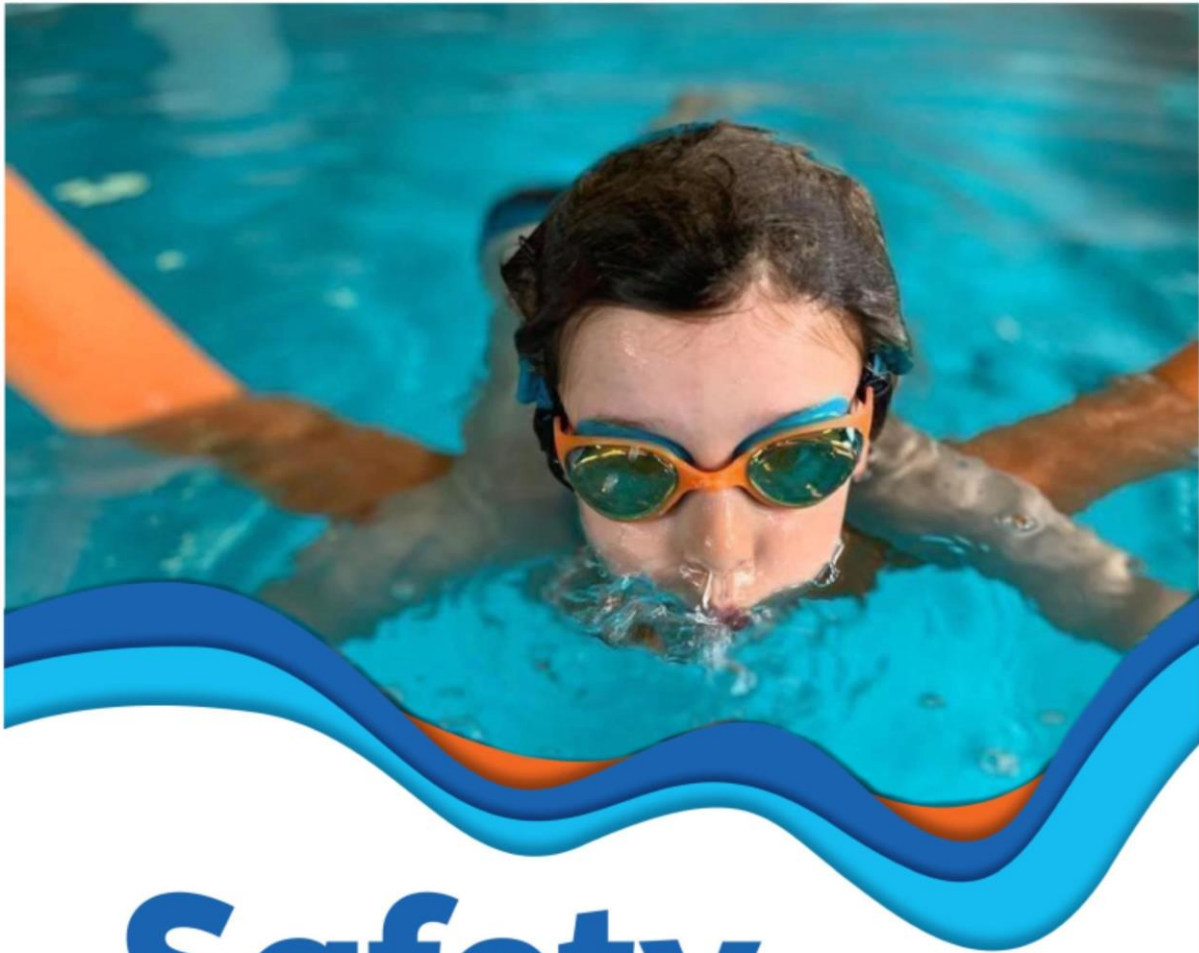
- at Thirsk Astro Pitch, next to Thirsk School
- on Mondays 13th May to 8th July
- 6.30pm to 7.30pm

Any questions contact - thirskhc.enquiries@gmail.com

FIND OUT MORE: hockeyheroes.co.uk



Cundall Birdforth Crown Poster 2024



Safety

flourishes
from play

New Year...New Activity...an essential life skill!

What better time to get your child water confident and swimming, to ensure they are safe in and around the water.

Our baby and pre school programme is suitable for little ones from birth up to 5 years, and also offer new classes on evenings and weekends for school aged children from 10 years. In the local area.

Our teachers are in the water and class sizes are kept small for that 1:1 interaction with your child, we swim in lovely warm pool and our classes are fun, engaging and progressive.

01423 457000

littlefish@waterbabies.co.uk

Classes held

The Crown Hotel, Boroughbridge

(Mon, Wed, Fri & Sunday)

Birdforth Hall, Nr Thirsk

(Mon, Tues, Thur & Fri)

Cundall Manor School, Helperby

(Tues, Thurs & Sun)

**water
babies**
learn for life®

Thirsk Tourist Information - What's On?

<https://visitthirsk.uk/pages/whatson.php>

York City Foundation at Thirsk Sports Village

York City Foundation at Thirsk Sports Village on Friday Evenings - various ages for boys and girls! Please follow the links below for further information.

[Book Thirsk Skills Centre 10 - 13 Summer Term from York City \(officialsoccerschools.co.uk\)](#)

[Book Thirsk Falcons Fledglings 4 - 6 Summer Term from York City \(officialsoccerschools.co.uk\)](#)

[Book Thirsk Skills Centre 7 - 9 Summer Term from York City \(officialsoccerschools.co.uk\)](#)

[Book Thirsk Falcons Wildcats Session Girls Only 5 - 11 Summer Term from York City \(officialsoccerschools.co.uk\)](#)



The poster is for the York City Foundation Thirsk Falcons Wildcats. It features the York City Football Club crest on the left, which is a shield with a red and white design and the words 'YORK CITY' and 'FOOTBALL CLUB'. To the right of the crest, the text 'YFCF Foundation Thirsk Falcons Wildcats' is written in white and yellow. Below this, it says 'FOUNDATION Friday Evenings (Term Time Only)'. Further down, it lists 'Thirsk Falcons Wildcats Sessions ages 5 - 11 6:00 - 6.55pm At Thirsk Sports Village 3G Pitch YO7 1TS'. A circular photo of a group of children in football kits is on the right. At the bottom, there is a blue banner with the text 'Have Fun!', 'Make Friends', 'WILD CATS', and 'Play Football' with various icons like a paw print, a soccer ball, and a rainbow.

YORK CITY
FOOTBALL CLUB

YFCF Foundation Thirsk Falcons Wildcats

FOUNDATION Friday Evenings
(Term Time Only)

Thirsk Falcons Wildcats
Sessions ages 5 - 11
6:00 - 6.55pm At
Thirsk Sports Village
3G Pitch
YO7 1TS

To book visit officialsoccer schools.co.uk/Yorkcity or
Email: grassroots@yorkcityfcfoundation.co.uk

Have Fun!
Make Friends
WILD CATS
Play Football

Term Dates Academic Year 2024/2025

The term and holiday dates for the academic year 2024/2025 are on the school website. Please click on the link below to view these. Thank you. <https://www.sowerbyacademy.org/home/term-dates>

Attendance and Authorised Holiday

I am sorry but we are not able to authorise any holidays in term time. It is imperative that we close educational gaps created by lost learning and we must follow DfE guidance on this. Thank you for your understanding. Exceptional Circumstances Leave [Request form must be submitted prior to leave being taken](#). This is also available on school website (parents tab/parents information)

Attendance is very important and this is monitored for every child. Any child with attendance below 90% is classed as PA Persistent Absence and we have a duty of care to follow this through to see how we can support this getting better. We would communicate concerns about attendance, in the first instance, by letter. Letters for last term will be sent out this week.

Attendance last week of term

Whole School: 95.42%

Unauthorised Absence: 1.47%

Best class attendance last week: 100% **Peake Class Well done!**

School Calendar



Please follow the link to calendar of events this term on our website.

[Up and coming events](#)